

# Believe in Miracles



## 1st Trimester

### Month 1

- Ovulation and conception
- Start of the first trimester
- The embryo is just two cells
- Can detect that you have conceived in week 4
- Baby's heart starts to beat in week 4

### Month 2

- Extreme fatigue, frequent urination, morning sickness, hormonal fluctuations
- Baby's heart is beating and blood is circulating
- Baby's brain is formed
- Baby's toe buds develop

### Month 3

- Decreased morning sickness
- Embryo officially becomes a fetus
- Most of baby's organs and structures are fully formed
- Baby's finger nails are developed



## 2nd Trimester

### Month 4

- Start of the second trimester
- Baby's bones are hardening and will now show up on an x-ray
- Baby is about 5 inches long and weighs 5 ounces
- Baby can hiccup and suck thumb
- Baby's nerves develop more

### Month 5

- Backaches, indigestion, heartburn, headaches
- You begin to feel the baby kick
- Baby's hearing starts developing
- Baby's skin gets thicker and develops different layers

### Month 6

- Water retention, dizziness, constipation
- This month is the halfway mark in your pregnancy
- At the end of this month the baby is almost fully formed



## 3rd Trimester

### Month 7

- Possible occurrences of Braxton Hicks contractions
- Baby's brain is beginning to process sights and sounds
- Baby is about 13 inches long
- Baby has eyebrows and eye lashes

### Month 8

- Baby is fully formed and putting on weight rapidly
- Baby's lungs are almost fully developed
- Baby starts to inhale amniotic fluid to exercise its lungs

### Month 9

- Common discomforts include Braxton Hicks contractions, pelvic pressure, difficulty sleeping
- Baby is around 7-8 pounds and about 21 inches long
- Baby is ready to be born!



## Birth

*Life itself is the miracle of miracles.*

We will care for you through every stage of your miracle.

## Accepting New Patients

Your OB/GYN plays an important role in your health during every stage of your pregnancy. Schedule your appointment today!



**COLLEGE HILL**  
Obstetrics & Gynecology

**EAST OFFICE**

3233 E 2nd St

**316-683-6766**

**WEST OFFICE**

834 N Socora St

**316-773-3979**

**DERBY OFFICES**

Two Locations

**316-683-6766**