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Dear expectant parents:

You are urged to read this as it will add greatly to the understanding of your pregnancy. This preliminary message will answer many questions about our office and the hospital. This is not designed to discourage questions, but as an aid in your understanding and enjoyment of your pregnancy. Feel free at any time to ask questions concerning any topic contained in this message or any others related to your medical problems.

We practice together for your benefit. While it is impossible for one physician to be available 24 hours a day, 7 days a week is possible for us, in a joint practice to give you this type of coverage. We feel that we can assure you that one of us will always be available for you. Our office is associated with Mid-Kansas Women's Center. This is a group of physicians that have been in Wichita for many years. Their names are Dr Arthur Dehart, Dr Rhea Rogers, Dr Johanna Agustin and Dr Thalia Lopez. We feel this is necessary because you, as a patient, need comprehensive services 24 hours a day. We provide services at Wesley Medical Center, Via Christi St. Joseph, and Wesley Birth Care Center. This arrangement allows two physicians to be available on weekends when emergent care is often needed. We have also decided not to treat patients with the Bradley method of deliver. If this is your choice of treatment, you will need to see another physician.

PLEASE ALLOW ONE WEEK FOR ALL FORMS THAT NEED TO BE COMPLETED BY OUR OFFICE.

TO THE HOSPITAL

At the onset of labor, please proceed directly to the hospital of your choice when you are having contractions at three to five minute intervals for one hour. Most insurance companies dictate which hospital is your preferred hospital. Please choose your hospital accordingly. Do not hesitate to call if you are concerned or have any questions. Please identify your problem to the nurse so we can give the best advice. If labor is starting, DO NOT EAT!

AT THE HOSPITAL

Please make arrangements beforehand for your family physician or a pediatrician to examine your newborn baby. You may want to discuss this selection with your physician.

AFTER THE HOSPITAL

Your obstetrical fee includes a six week post partum examination. It is important that you have regular examinations at least once a year when not pregnant. This should include a cancer screening test, generally referred to as a pap smear. Our ultimate goal in providing obstetrical care is your continued good health and delivery of a healthy robust newborn.

FEES & PAYMENTS

PHYSICIAN'S FEE: \$2700.00

This is best handled on a pay as you go basis. If you have partial or complete insurance coverage, please call this to the attention of our receptionist. Payment of your deductible is expected by your eighth month of pregnancy. Insurance claims will be submitted after delivery for the TOTAL BILL incurred during your prenatal care. If you should leave our care before your delivery, you will be charged for office calls, laboratory tests and other services performed. Any overpayment that we might have received will be refunded to you directly. If you have a change in address or phone number, please notify us immediately. If you did not bring your insurance care or claim form with you, please bring them at your next visit. This will aid us in filing your insurance for you.

OUR FEE INCLUDES:

1. Complete physical examination
2. Urinalysis at every visit. (Early morning urine is to be collected the day of your appointment)
3. Complete care during office hours during your pregnancy. This, of course, does not include hospital or office visits due to injuries or illness not related to pregnancy.
4. Complete care of the mother at the time of delivery
5. There is usually no extra charge for instrument delivery, prolonged labor, or prolonged hospital stay.

OUR FEE DOES NOT INCLUDE:

1. All lab tests
2. Rhogam injections
3. Cesarean Section
4. Any other Surgery
5. Circumcision of male infant
6. Hospital care not related to pregnancy or delivery
7. Emergency room visits
8. Charges made by the hospital
9. Rh titer or special blood tests
10. Newborn care
11. Sonograms/biophysical profiles/non-stress tests.
12. Pathology

HOSPITAL CHARGES

For further information on hospital charges, please contact the hospital of your choice. If you have any further questions, please feel free to discuss them with us.

MEDICATIONS SAFE IN PREGNANCY

Cold/cough

1. Sudafed, Actifed, Tylenol Cold
2. Tylenol Cold/Sinus
3. Robitussin Plain or DM
4. Throat Lozenges
5. Chloraseptic Spray

Antibiotics

1. Amoxicillin
2. Erythromycin
3. z-pak
4. macrobid
5. Keflex,
6. Ceclor

Allergies

1. Claritin
2. Chlortrimeton
3. Zyrtec
4. Benedryl
5. Actifed

Nausea

1. Dramamine
2. Reglan
3. Phenergan
4. Zofran

Acid reflux

1. Maalox
2. Mylanta
3. Tums
4. Zantac
5. Pepcid
6. Tagament

Yeast medicines

1. Diflucan
2. Myconazole (OTC)

Sleep medicines

1. Tylenol PM
2. Ambien
3. Unisom

Constipation

1. Colace
2. Milk of Magnesia

Diarrhea

1. Imodium

Your doctors,

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PHONES ARE ANSWERED 24 HOURS A DAY 7 DAYS A WEEK